

Fueling Brains Walden Weekly Food Menu - May 2024



Date	Breakfast	Lunch	Snack
April 29th	Bagel and Fruit	Split Pea soup Fish sticks/Fries Veggies & Milk	Fruit
April 30th	Rice Krispies/Fruit	French Onion Soup Chicken wings/Potato wedges Veggies & Milk	Cookie/Muffin
May 1	Toast/Fruit	Tomato Soup Pork Goulash/Rice Veggies & Milk	Yogurt
May 2nd	Cheerios/Fruit	Beef barley Soup Veg Pot pie/ dinner roll Veggies & Milk	Veggies
May 3rd	Waffles/Fruit	Chicken Veg Soup Tortellini and Garlic bread Veggies & Milk	Cheese & Crackers

For those children with food allergies and restrictions to gluten/dairy/fish/egg and meat products an alternative will be provided for all meals. REMINDER: We are a nut free school

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May 6th	Bagel and Fruit	Beef Vegetable Soup Sausage/Mashed Potatoes Veggies & Milk	Fruit
May 7th	Rice Krispies/Fruit	Tomato Soup Pulled Pork Sandwich Veggies & Milk	Cookie//Muffin
May 8th	Toast/Fruit	Split Pea Soup Shepards Pie/Dinner Roll Veggies & Milk	Yogurt
May 9th	Cheerios/Fruit	Chili bean Soup Grilled Cheese Sandwich Veggies & Milk	Veggies
May 10th	Waffles/Fruit	Louisiana Chicken Soup Tomato Onion Quiche Veggies & Milk	Cheese & Crackers

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May 13th	Bagels and Fruit	Greek Chicken Soup Ginger beef/Rice Veggies & Milk	Fresh Fruit
May 14th	Rice Krispies/Fruit	Florentine Soup Crispy Pollock and Fries Veggies & Milk	Cookie//Muffin
May 15th	Toast/Fruit	Lentil Soup Chicken Fingers/Wedges Veggies & Milk	Yogurt
May 16th	Cheerios/Fruit	Vegetable Rice Soup Egg Salad Sandwich Veggies & Milk	Veggies
May 17th	Waffles/Fruit	Carrot and Apple Soup Hot dogs Veggies & Milk	Cheese and Crackers

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May 20th	Bagels and Fruit	Potato Leek Soup Beef Pot Pie Veggies & Milk	Fresh Fruit
May 21st	Rice Krispies/Fruit	Tomato Basil Soup Chicken Chow Mein Veggies & Milk	Cookie//Muffin
May 22nd	Toast/Fruit	Greek Chicken Soup Pollock Krunchie Veggies & Milk	Yogurt
May 23rd	Cheerios/Fruit	Carrot Apple Soup Chicken Alfredo Veggies & Milk	Veggies
May 24th	Waffles/Fruit	Minestrone Soup Beef Vegetable Stew Veggies & Milk	Cheese & Crackers

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May 27th	Bagels and Fruit	Tomato Soup Ginger Beef/Rice Veggies & Milk	Fresh Fruit
May 28th	Rice Krispies/Fruit	Chicken Noodle Soup Lasagna/Garlic Bread Veggies & Milk	Cookie//Muffin
May 29th	Toast/Fruit	Beef Borscht Soup Lemon Pep Cod/Roast Potatoes Veggies & Milk	Yogurt
May 30th	Cheerios/Fruit	Cream of Cauliflower Soup Lime Dill Tuna Sandwich Veggies & Milk	Veggies
May 31st	Waffles/Fruit	Tomato Rice Soup Chicken Salad Sandwich Veggies & Milk	Cheese & Crackers

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