

Fueling Brains Walden Weekly Food Menu - August 2024



Date	Breakfast	Lunch	Snack
August 5th	Closed	Closed	Closed
August 6th	Rice Krispies/Apples	Chicken Noodle Soup Beef Lasagna/Garlic Bread Steamed Carrots/Peas/Corn & Milk	Cookie/Muffin
August 7th	Toast/Oranges	Beet Borscht Soup Fish Sticks/Roasted Potatoes Baby Carrots/Cherry Tomatoes & Milk	Yogurt
August 8th	Cheerios/Banana	Cream of Cauliflower Soup Lime Dill Tuna Sandwich Celery & Cucumber Sticks & Milk	Apple Slices
August 9th	Waffles/Strawberries	Tomato Rice Soup Chicken Salad Sandwich Fresh Broccoli and Cauliflower & Milk	Cheese & Crackers

For those children with food allergies and restrictions to gluten/dairy/fish/egg and meat products an alternative will be provided for all meals. REMINDER: We are a nut free school

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August 12th	Bagel and Blueberries	Split Pea Soup Fish Sticks/French Fries Steamed Peas/Carrots & Milk	Orange Wedges
August 13th	Rice Krispies/Apples	French Onion Soup Chicken Strips/Potato Wedges Baby Carrot/Cherry Tomatoes & Milk	Cookie//Muffin
August 14th	Toast/Oranges	Tomato Soup Pork Goulash/Fluffy Rice Green Beans, Yellow/Orange Carrots & Milk	Yogurt
August 15th	Cheerios/Banana	Hearty Beef Barley Soup Chicken Pot Pie/Dinner Roll Corn on the Cob & Milk	Apple Slices
August 16th	Waffles/Strawberries	Chicken Vegetable Soup Tortellini(tomato sauce)/Garlic Bread Steamed Carrots/Peas/Corn & Milk	Cheese & Crackers

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August 19th	Bagel and Blueberries	Beef Vegetable Soup Sausage Link/Gravy/Mashed Potato Steamed Peas/Carrots & Milk	Orange Slices
August 20th	Rice Krispies/Apples	Tomato Soup Hot Pulled Pork Sandwich Steamed Carrots/Peas/Corns & Milk	Cookie//Muffin
August 21st	Toast/Oranges	Split Pea Soup Shepards Pie/Dinner Rolls Steamed Broccoli & Milk	Yogurt
August 22nd	Cheerios/Banana	Chili Bean Soup Grilled Cheese Sandwich Celery and Cucumber Sticks & Milk	Apple Slices
August 23rd	Waffles/Strawberries	Louisiana Chicken Soup Tomato Onion Quiche Green Beans/Yellow&Orange Carrots & Milk	Cheese and Crackers

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August 26th	Bagel and Blueberries	Greek Chicken Soup Ginger Beef/Rice Hot Roasted Carrots & Milk	Orange Wedges
August 27th	Rice Krispies/Apples	Florentine Soup Crispy Breaded Pollock/French Fries Steamed Peas/Carrots & Milk	Cookie//Muffin
August 28th	Toast/Oranges	Brown Lentil Soup Chicken Fingers/Sweet Potato Fries Baby Carrot/Cherry Tomatoes & Milk	Yogurt
August 29th	Cheerios/Banana	Vegetable Soup Egg Salad Sandwich Celery and Cucumber Sticks & Milk	Apple Slices
August 30th	Waffles/Strawberries	Carrot & Apple Soup Hot dogs Corn on the Cob & Milk	Cheese & Crackers

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