



Breakfast

AM Snack

Lunch

PM Snack

M

CAMPUS CLOSED (Civic Holiday)

<p><b>T</b></p> <ul style="list-style-type: none"> <li>French Toast</li> <li>Milk</li> </ul>	<ul style="list-style-type: none"> <li>Cheese Strings</li> <li>Banana</li> </ul>	<ul style="list-style-type: none"> <li>Vegetarian Egg Chowmein</li> <li>Cucumber</li> <li>Milk</li> </ul>	<ul style="list-style-type: none"> <li>Peach Crisp</li> <li>Yogurt</li> </ul>
<p><b>W</b></p> <ul style="list-style-type: none"> <li>Scrambled Eggs</li> <li>Potato Wedges</li> <li>Milk</li> </ul>	<ul style="list-style-type: none"> <li>Pancakes</li> <li>Apple Slices</li> </ul>	<ul style="list-style-type: none"> <li>Vegetarian Chili</li> <li>Dinner Roll</li> <li>Milk</li> </ul>	<ul style="list-style-type: none"> <li>Arrowroot Cookies</li> <li>Apple Sauce</li> </ul>
<p><b>TH</b></p> <ul style="list-style-type: none"> <li>Spiced Apple Cake</li> <li>Milk</li> </ul>	<ul style="list-style-type: none"> <li>Greek Yogurt</li> <li>Blueberries</li> </ul>	<ul style="list-style-type: none"> <li>Macaroni &amp; Cheese</li> <li>Broccoli Florets</li> <li>Milk</li> </ul>	<ul style="list-style-type: none"> <li>Pineapple</li> <li>Carrot Muffin</li> <li>Apple Slices</li> </ul>
<p><b>F</b></p> <ul style="list-style-type: none"> <li>Multigrain Cheerios</li> <li>Milk</li> <li>Banana</li> </ul>	<ul style="list-style-type: none"> <li>Blueberry Bran Muffin</li> <li>Milk</li> </ul>	<ul style="list-style-type: none"> <li>Mexican Bean &amp; Rice Casserole</li> <li>Milk</li> </ul>	<ul style="list-style-type: none"> <li>Cheese Strings</li> <li>Orange Slices</li> </ul>

Allergy Alert! Some menu items may contain: ● gluten, ● dairy, ● soy, ● meat, ● egg, ● sesame.

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## Breakfast

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## Lunch

## PM Snack

<p><b>M</b></p> <ul style="list-style-type: none"> <li>Herb &amp; Cheese Biscuits</li> <li>Milk</li> </ul>	<ul style="list-style-type: none"> <li>Apple Slices</li> <li>Crackers</li> </ul>	<ul style="list-style-type: none"> <li>Macaroni &amp; Cheese Salad (Lettuce, Tomato, Cucumber)</li> <li>Milk</li> </ul>	<ul style="list-style-type: none"> <li>Spiced Apple Cake</li> <li>Milk</li> </ul>
<p><b>T</b></p> <ul style="list-style-type: none"> <li>Pancakes/ Maple Syrup</li> <li>Banana</li> </ul>	<ul style="list-style-type: none"> <li>Greek Yogurt</li> <li>Strawberries</li> </ul>	<ul style="list-style-type: none"> <li>Vegetarian Shepherd's Pie</li> <li>Banana or Orange Slices</li> <li>Milk</li> </ul>	<ul style="list-style-type: none"> <li>Gingersnap Cookies</li> <li>Orange Slices</li> </ul>
<p><b>W</b></p> <ul style="list-style-type: none"> <li>Western Frittata</li> <li>Apple Sauce</li> </ul>	<ul style="list-style-type: none"> <li>Ginger Pear Crisp</li> <li>Milk</li> </ul>	<ul style="list-style-type: none"> <li>Vegetarian Chili</li> <li>Steamed Vegetables: (Carrots, Corn, Beans, Peas)</li> <li>Milk</li> </ul>	<ul style="list-style-type: none"> <li>Diced Peach Cup</li> <li>Arrowroot Cookies</li> </ul>
<p><b>TH</b></p> <ul style="list-style-type: none"> <li>Plain Bagel</li> <li>Cream Cheese</li> <li>Yogurt</li> </ul>	<ul style="list-style-type: none"> <li>Spiced Apple Cake</li> <li>Milk</li> </ul>	<ul style="list-style-type: none"> <li>Mexican Bean &amp; Rice Casserole</li> <li>Cucumber</li> <li>Milk</li> </ul>	<ul style="list-style-type: none"> <li>Pineapple Carrot Muffin</li> <li>Apple Slices</li> </ul>
<p><b>F</b></p> <ul style="list-style-type: none"> <li>Mini Wheats</li> <li>Banana</li> <li>Milk</li> </ul>	<ul style="list-style-type: none"> <li>Cheese Strings</li> <li>Cucumber</li> </ul>	<ul style="list-style-type: none"> <li>Perogies (Potato/Cheddar)</li> <li>Roasted Potato</li> <li>Milk</li> </ul>	<ul style="list-style-type: none"> <li>Ginger Pear Crisp</li> <li>Orange Slices</li> </ul>

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## Breakfast

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## Lunch

## PM Snack

<p><b>M</b></p> <ul style="list-style-type: none"> <li>● Plain Bagel</li> <li>● Cream Cheese</li> <li>● Banana</li> </ul>	<ul style="list-style-type: none"> <li>● Spiced Apple Cake</li> <li>● Milk</li> </ul>	<ul style="list-style-type: none"> <li>● Macaroni &amp; Cheese</li> <li>● Steamed Diced Carrots</li> <li>● Milk</li> </ul>	<ul style="list-style-type: none"> <li>● Digestive Cookie</li> <li>● Orange Slices</li> </ul>
<p><b>T</b></p> <ul style="list-style-type: none"> <li>● French Toast</li> <li>● Milk</li> </ul>	<ul style="list-style-type: none"> <li>● Herb &amp; Cheese Biscuits</li> <li>● Apple Slices</li> </ul>	<ul style="list-style-type: none"> <li>● Mexican Bean &amp; Rice Casserole</li> <li>● Steamed Vegetables: (Carrots, Corn, Beans, Peas)</li> <li>● Milk</li> </ul>	<ul style="list-style-type: none"> <li>● Cheese Strings</li> <li>● Apple Slices</li> </ul>
<p><b>W</b></p> <ul style="list-style-type: none"> <li>● Spiced Apple Cake</li> <li>● Milk</li> </ul>	<ul style="list-style-type: none"> <li>● Greek Yogurt</li> <li>● Strawberries</li> </ul>	<ul style="list-style-type: none"> <li>● Vegetarian Shepherd's Pie</li> <li>● Green Peas</li> <li>● Milk</li> </ul>	<ul style="list-style-type: none"> <li>● Toast Bread</li> <li>● Assorted Veggies (Cauliflower, Carrot, Broccoli, Tomato)</li> </ul>
<p><b>TH</b></p> <ul style="list-style-type: none"> <li>● Multigrain Cheerios</li> <li>● Milk</li> <li>● Banana</li> </ul>	<ul style="list-style-type: none"> <li>● Plain Bagel</li> <li>● Blueberries</li> </ul>	<ul style="list-style-type: none"> <li>● Perogies (Potato/Cheddar)</li> <li>● Steamed Vegetables: (Carrots, Corn, Beans, Peas)</li> <li>● Milk</li> </ul>	<ul style="list-style-type: none"> <li>● Mixed Berry Muffin</li> <li>● Mandarins</li> </ul>
<p><b>F</b></p> <ul style="list-style-type: none"> <li>● Pancakes/ Maple Syrup</li> <li>● Milk</li> </ul>	<ul style="list-style-type: none"> <li>● Cheese Strings</li> <li>● Steamed Carrots</li> </ul>	<ul style="list-style-type: none"> <li>● Vegetarian Egg Chowmein</li> <li>● Orange Slices</li> <li>● Milk</li> </ul>	<ul style="list-style-type: none"> <li>● Gingersnap Cookies</li> <li>● Apple Slices</li> </ul>

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M

- ● ● Apple Cinnamon Oatmeal
- Milk

- Cheese Strings
- Apple Slices

- ● Macaroni & Cheese
- Carrot Sticks
- ● Mashed Potatoes
- Milk

- ● ● Herb & Cheese Biscuit
- Orange Slices

T

- ● Scrambled Eggs
- ● Potato Wedges
- Milk

- ● Peach Crisp
- Steamed Vegetables:  
(Carrots, Corn, Beans, Peas)

- ● ● ● Perogies  
(Potato/Cheddar)
- ● Penne Pasta
- Tomato Diced
- Milk

- ● ● Pineapple
- Carrot Muffin
- Yogurt

W

- ● ● ● Pancakes/ Maple Syrup
- Milk

- ● Goldfish Crackers
- Banana

- ● ● ● Vegetarian
- Egg Chowmein
- Rice
- Milk

- ● ● ● Toasted Bread
- Assorted Veggies  
(Cauliflower, Carrot,  
Broccoli, Tomato)

TH

- Cornflakes
- Milk
- Banana

- ● ● ● Pancakes
- Milk

- ● ● ● Perogies  
(Potato/Cheddar)
- ● ● Cucumber, Carrot with  
Ranch Dressing

- Cheese Strings
- Orange

F

- ● ● ● Plain Bagel
- Cream Cheese
- Milk

- Greek Yogurt
- ● ● Tea Biscuits

- ● ● Vegetarian Chili
- ● Dinner Roll
- Orange

- Apple Sauce
- ● Digestive Cookies

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