



PRESCHOOL MENU

Braeside, New Brighton, West 85th

Aug 4- Aug 8

Breakfast

Lunch

PM Snack

M

CAMPUS CLOSED (HERITAGE DAY)

T

● Wholewheat Bread
with ● Cheese
Strawberry Coconut Smoothie

● ● Beef Macaroni Goulash
● ● (Mac & Cheese)
Banana
● Milk

● Greek Yogurt
Blueberries
● Crackers

W

● ● Scrambled Egg
● Toasted Bread
● Milk

● ● Cheese burger Pasta (Kasha or
Buckwheat) (Scooby-doo)
Fresh Steamed Baby Carrots &
Green Beans
● Milk

● Organic Sweet Potato
Apple Sauce

TH

● ● Kellogg's Vector Cereal
Apple Slices
● Milk

● ● Chicken (● Tofu) Fried Rice
Green Peas
● Milk

● Berries Energy Bar
● Milk

F

● ● Frittata
● Milk

● ● Chicken Fajita w Sweet BBQ Sauce
● ● (Tofu Tikka Masala) with Rice
Oranges
● Milk

● Strings Cheese
Brown Rice Cake

Allergy Alert! Some menu items may contain: ● gluten, ● dairy, ● soy, ● egg, ● sesame. ● Fish Green highlight is Vegetarian Menu.

Please note that Infants are supplied Whole Milk and Preschool children are supplied 2% Milk. Fueling Brains Academy is a proud partner with local restaurants
Disclaimer: While we strive to provide accurate information regarding the menu, ingredient, & possible allergens, please be aware we do not guarantee the identification of every ingredient or allergen present in food provided by our vendor.

	Breakfast	Lunch	PM Snack
M	<div> <div> <div></div> <div></div> <div></div> <div></div> </div> <div> <div>French Toast</div> <div>Apple Slices</div> <div>Milk</div> </div> </div>	<div> <div> <div></div> <div></div> </div> <div> <div>Turkey Ham & Cheese Bowties</div> <div>Fresh Steamed Veggies</div> <div>Milk</div> </div> </div>	<div> <div>Greek Spinach Pie</div> <div> <div></div> <div></div> <div></div> <div></div> </div> <div>Watermelon</div> </div>
T	<div> <div> <div></div> </div> <div> <div>Berries Energy Bar</div> <div>Milk</div> </div> </div>	<div> <div> <div></div> <div></div> <div></div> <div></div> </div> <div> <div>Beef Mexican Casserole with Tortillas</div> <div>Mexican Bean & Rice Casseroles)</div> <div>Baby Carrots</div> <div>Milk</div> </div> </div>	<div> <div> <div></div> </div> <div> <div>Greek Yogurt</div> <div>Blueberries</div> <div>Crackeres</div> </div> </div>
W	<div> <div> <div></div> <div></div> <div></div> <div></div> </div> <div> <div>Whole Wheat Bagel</div> <div>Cream Cheese</div> <div>Baby Carrots</div> <div>Milk</div> </div> </div>	<div> <div>Sloppy Chicken Joe's (BBQ Jack Fruit)</div> <div>with Soft Rolls</div> <div>Steamed Corn</div> <div>Milk</div> </div>	<div> <div> <div></div> <div></div> <div></div> </div> <div> <div>Naan Bites</div> <div>Cucumber/</div> <div>Ranch Dressing</div> </div> </div>
TH	<div> <div>Berries Overnight Oats</div> <div>Oranges</div> </div>	<div> <div> <div></div> </div> <div> <div>Butter Panner with Rice</div> <div>Steamed Peas & Carrots</div> <div>Milk</div> </div> </div>	<div> <div> <div></div> <div></div> </div> <div> <div>Multi Grain Cracker</div> <div>Apple Sauce</div> </div> </div>
F	<div> <div> <div></div> <div></div> <div></div> <div></div> </div> <div> <div>Waffles</div> <div>Milk</div> </div> </div>	<div> <div> <div></div> <div></div> <div></div> <div></div> </div> <div> <div>Chicken (Vegetable) Chowmein</div> <div>Cucumber</div> <div>Milk</div> </div> </div>	<div> <div> <div></div> <div></div> </div> <div> <div>Graham Crackers</div> <div>Baby Carrots</div> </div> </div>



PRESCHOOL MENU

Braeside, New Brighton, West 85th

Aug 18- Aug 22

Breakfast

Lunch

PM Snack

M

Apple Cinnamon Oatmeal
● ● ●
● Milk

Lemon Chicken (White Fava beans)
● Couscous
Fresh Steamed California Style Veggies
● Milk

Vegetarian Spring Rolls
● ●
Baby Carrots

T

● Wholewheat Bread
with ● Cheese
Strawberry Coconut Smoothie

● ● Beef Macaroni Goulash
● ● (Mac & Cheese)
Banana
● Milk

● Greek Yogurt
Blueberries
● Crackers

W

● ● Scrambled Egg
● Toasted Bread
● Milk

● ● Cheese burger Pasta (Kasha or Buckwheat) (Scooby-doo)
Fresh Steamed Baby Carrots &
Green Beans
● Milk

● Organic Sweet Potato
Apple Sauce

TH

● ● Kellogg's Vector Cereal
Apple Slices
● Milk

● ● Chicken (● Tofu) Fried Rice
Green Peas
● Milk





















































● Berries Energy Bar
● Milk

F

CAMPUS CLOSED (PD DAY)

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	Breakfast	Lunch	PM Snack
M	    French Toast Apple Slices  Milk	  Turkey Ham & Cheese Bowties Fresh Steamed Veggies  Milk	Greek Spinach Pie     Watermelon
T	 Berries Energy Bar  Milk	 Beef Mexican Casserole with Tortillas      Mexican Bean & Rice Casseroles Baby Carrots  Milk	 Greek Yogurt Blueberries  Crackeres
W	    Whole Wheat Bagel  Cream Cheese Baby Carrots  Milk	Sloppy Chicken Joe's (BBQ Jack Fruit) with  Soft Rolls Steamed Corn  Milk	   Naan Bites Cucumber/    Ranch Dressing
TH	Berries Overnight Oats Oranges	 Butter Panner with Rice Steamed Peas & Carrots  Milk	  Multi Grain Cracker Apple Sauce
F	    Waffles  Milk	Chicken (Vegetable) Chowmein    Cucumber  Milk	  Graham Crackers Baby Carrots

Allegy Alert! Some menu items may contain:  gluten,  dairy,  soy,  egg,  sesame.  Fish Green highlight is Vegetarian Menu.

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