



INFANT MENU

Braeside, New Brighton, West 85th

Sep 1- Sep 5

Breakfast

AM Snack

Lunch

PM Snack

M

CAMPUS CLOSED (LABOUR DAY)

T

● Wholewheat Bread
with ● Cheese
Strawberry Coconut Smoothie

● ● Goldfish Crackers
Apple Slices

● ● ● ● Lasagna
Baby Carrots
● Milk

● Greek Yogurt
Blueberries
● Crackers

W

● ● Scrambled Egg
● Toasted Bread
● Milk

● Greek Yogurt
Blueberries

● ● Cheese burger Pasta (Buckwheat)
Fresh Steamed Broccoli & Califlower
● Milk

● Organic Sweet Potato
Apple Sauce

TH

● ● Kellogg's Vector Cereal
Apple Slices
● Milk

● ● ● ● ●
Butterflake Roll
Mixed Berry Smoothie

● ● Chicken (● Tofu) Fried Rice
Green Peas
● Milk

● Berries Energy Bar
● Milk

F

● ● Frittata
● Milk

● ● Cheddar Bread Stick
Mandarins

● ● Chicken Fajita w Sweet BBQ Sauce
● ● (Tofu Tikka Masala) with Rice
Oranges
● Milk

● Strings Cheese
Brown Rice Cake

Allergy Alert! Some menu items may contain: ● gluten, ● dairy, ● soy, ● egg, ● sesame. ● Fish . Green highlight is Vegetarian Menu.

Please note that Infants are supplied Whole Milk and Preschool children are supplied 2% Milk. Fueling Brains Academy is a proud partner with local restaurants

Disclaimer: While we strive to provide accurate information regarding the menu, ingredient, & possible allergens, please be aware we do not guarantee the identification of every ingredient or allergen present in food provided by our vendor.



INFANT MENU

Braeside, New Brighton, West 85th

Sep 8- Sep 12

Breakfast

AM Snack

Lunch

PM Snack

M

French Toast
Apple Slices
Milk

Greek Yogurt
Mango

Turkey Ham (Spiced Jumbo Fava Beans)
& Cheese Bowties
Fresh Steamed Carifonia Style Veggies
Milk

Greek Spinach Pie
Watermelon

T

Berries Energy Bar
Milk

Butterflake Roll
Apple Slices

Beef Mexican Casserole with Tortillas
(Mexican Bean & Rice Casseroles)
Baby Carrots
Milk

Greek Yogurt
Blueberries
Crackeres

W

Whole Wheat Bagel
Cream Cheese
Baby Carrots
Milk

Strings Cheese
Oranges

Sloppy Chicken Joe's (BBQ Crumbled Tofu) With Soft Rolls
Steamed Yellow Corn
Milk

Naan Bites
Cucumber/
Ranch Dressing

TH

Berries Overnight Oats
Oranges

Cheddar Bread Stick
Honeydew

Butter Panner with Rice
Steamed Peas & Carrots
Milk

Multi Grain Cracker
Apple Sauce

F

Waffles
Milk

Brown Rice Cake
Milk

Chicken (Vegetable) Chowmein
Cucumber
Milk

Graham Crackers
Baby Carrots

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INFANT MENU

Braeside, New Brighton, West 85th

Sep 15- Sep 19

Breakfast

AM Snack

Lunch

PM Snack

M

● Mini Wheats
Oranges
● Milk

● Greek Yogurt
Mango

● Spaghetti Beef (Buckwheat) Bolognese
Steamed Corn, Peas, Carrots & Beans
● Milk

● Strings Cheese
● (Ricotta Cheese- Jr.infant)
Brown Rice Cake

T

● ● ● Pancakes
Maple Syrup
Apple Slices
● Milk

● ● Cheddar Bread Stick
Honeydew

● ● Shepherd's (Vegetarian) Pie
Banana ● ●
● Milk

● ● Multi Grain Cracker
Apple Sauce

W

Berries Overnight Oats
Milk

Brown Rice Cake
● Milk

Sweet & Sour Meat (Vegetarian) balls/Rice
Steamed Butternut Squash
& Green Beans
● Milk

Greek Spinach Pie
● ● ● ●
● ● (*Pick me Stick- Jr.infant)
Watermelon

TH

Turkey Sausages
● Hashbrowns
Milk

● ● ● ● ●
Butterflake Roll
Strawberry Banana Smoothie

Chicken (Chickpea) Curry with Rice
Steamed Peas & Carrots
● Milk

● Greek Yogurt
Blueberries
● Crackers

F

● ● ● ● Whole Wheat Bagel
Cream Cheese
Baby Carrots
● Milk

● Strings Cheese
Oranges

● ● Beef Macaroni Goulash
● ● (Mac & Cheese)
Banana
● Milk

● ● ● Naan Bites
Cucumber/
● ● ● Ranch Dressing

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INFANT MENU

Braeside, New Brighton, West 85th

Sep 22- Sep 26

Breakfast

AM Snack

Lunch

PM Snack

M

Apple Cinnamon Oatmeal



Milk

Strings Cheese
Oranges

Mac n' Cheese with Italian
Meat(Vegetarian) balls
Steamed Carrots & Green Beans
Milk

Vegetarian Spring Rolls
Baby Carrots

T

Wholewheat Bread
with Cheese
Strawberry Coconut Smoothie

Goldfish Crackers
Apple Slices

Lasagna
Baby Carrots
Milk

Greek Yogurt
Blueberries
Crackers

W

Scrambled Egg
Toasted Bread
Milk

Greek Yogurt
Blueberries

Cheese burger Pasta (Buckwheat)
Fresh Steamed Broccoli & Califlower
Milk

Organic Sweet Potato
Apple Sauce

TH

Kellogg's Vector Cereal
Apple Slices
Milk

Butterflake Roll
Mixed Berry Smoothie

Chicken (Tofu) Fried Rice
Green Peas
Milk

Berries Energy Bar
Milk

F

Frittata
Milk

Cheddar Bread Stick
Mandarins

Chicken Fajita w Sweet BBQ Sauce
(Tofu Tikka Masala) with Rice
Oranges
Milk

Early
Dismissal

Allergy Alert! Some menu items may contain: yellow circle (gluten), blue circle (dairy), green circle (soy), red circle (egg), black circle (sesame), pink circle (Fish). Green highlight is Vegetarian Menu.

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INFANT MENU

Braeside, New Brighton, West 85th

Sep 29- Oct 3

Breakfast

AM Snack

Lunch

PM Snack

M

French Toast
Apple Slices
Milk

T

Berries Energy Bar
Milk

W

Whole Wheat Bagel
Cream Cheese
Baby Carrots
Milk

TH

Berries Overnight Oats
Oranges

F

Waffles
Milk

Greek Yogurt
Mango

Butterflake Roll
Apple Slices

Strings Cheese
Oranges

Cheddar Bread Stick
Honeydew

Brown Rice Cake
Milk

Turkey Ham (Spiced Jumbo Fava Beans)
& Cheese Bowties
Fresh Steamed Carifonia Style Veggies
Milk

Beef Mexican Casserole with Tortillas
Mexican Bean & Rice Casseroles)
Baby Carrots
Milk

Sloppy Chicken Joe's (BBQ Crumbled
Tofu) With Soft Rolls
Steamed Yellow Corn
Milk

Butter Panner with Rice
Steamed Peas & Carrots
Milk

Chicken (Vegetable) Chowmein
Cucumber
Milk

Greek Spinach Pie
Watermelon

Greek Yogurt
Blueberries
Crackeres

Naan Bites
Cucumber/
Ranch Dressing

Multi Grain Cracker
Apple Sauce

Graham Crackers
Baby Carrots

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