

Breakfast

Lunch

PM Snack

M	<div> <div>●●●●</div> <div>French Toast</div> <div>Apple Slices</div> <div>● Milk</div> </div>	<div> <div> <div>Turkey Ham</div> <div> <div>●●</div> <div>Spiced Jumbo Fava Beans</div> </div> </div> <div>& Cheese Bowties</div> <div>Fresh Steamed Carifonia Style Veggies</div> <div>● Milk</div> </div>	<div> <div>Greek Spinach Pie</div> <div> <div>●●●●</div> <div>Oranges</div> </div> </div>
T	<div> <div>●</div> <div>Berries Energy Bar</div> <div>(Baby Food Puree-- Jr.infant)</div> <div>● Milk</div> </div>	<div> <div> <div>●</div> <div>Beef Mexican Casserole with Tortillas</div> <div>●●●●</div> </div> <div> <div>●●</div> <div>Mexican Bean & Rice Casseroles</div> </div> <div>Baby Carrots</div> <div>● Milk</div> </div>	<div> <div>●</div> <div>Greek Yogurt</div> <div>Blueberries</div> <div>● Crackeres</div> </div>
W	<div> <div>●●●●</div> <div>Whole Wheat Bagel</div> <div>● Cream Cheese</div> <div>Baby Carrots</div> <div>● Milk</div> </div>	<div> <div>Sloppy Chicken Joe's</div> <div> <div> <div>●●●●</div> <div>BBQ Crumbled Tofu</div> </div> <div>With ●● Soft Rolls</div> <div>Steamed Yellow Corn</div> <div>● Milk</div> </div> </div>	<div> <div>●●●●</div> <div>Naan Bites</div> <div>Cucumber/</div> <div>●●●●</div> <div>Ranch Dressing</div> </div>
TH	<div> <div>Berries Overnight Oats</div> <div>Oranges</div> </div>	<div> <div>●</div> <div>Butter Panner with Rice</div> <div>Steamed Peas & Carrots</div> <div>● Milk</div> </div>	<div> <div>●●</div> <div>Multi Grain Cracker</div> <div>Apple Sauce</div> </div>
F	<div> <div>●●●●</div> <div>Waffles</div> <div>● Milk</div> </div>	<div> <div>Chicken</div> <div> <div>●●●●</div> <div>(Vegetable) Chowmein</div> </div> <div>Cucumber</div> <div>● Milk</div> </div>	<div> <div>Early Dismissal</div> </div>



PRESCHOOL MENU

Braeside, New Brighton, West 85th

Dec 8- Dec 12

Breakfast

Lunch

PM Snack

M	<ul style="list-style-type: none">● Mini WheatsOranges● Milk	<ul style="list-style-type: none">● Spaghetti Beef (Buckwheat) BologneseSteamed Corn, Peas, Carrots & Beans● Milk	<ul style="list-style-type: none">● Strings CheeseBrown Rice Cake
T	<ul style="list-style-type: none">● ● ● PancakesMaple SyrupBaby Carrots● Milk	<ul style="list-style-type: none">● ● Shepherd's (Vegetarian) PieBanana ● ●● Milk	<ul style="list-style-type: none">● ● Multi Grain CrackerApple Sauce
W	<ul style="list-style-type: none">● Turkey Sausage● Hashbrowns● Milk	<ul style="list-style-type: none">Sweet & Sour Meat (Vegetarian) balls/Rice ● ●Steamed Butternut Squash & Green Beans● Milk	<ul style="list-style-type: none">Greek Spinach Pie● ● ● ● Oranges
TH	<ul style="list-style-type: none">● ● ● Wow Butter Banana Energy Shake● ● ● Oatmeal Cookies	<ul style="list-style-type: none">Chicken (Chickpea) Curry with RiceSteamed Peas & Carrots● Milk	<ul style="list-style-type: none">● Greek YogurtBlueberries● Crackers
F	<ul style="list-style-type: none">● ● ● ● Whole Wheat BagelCream CheeseApple Slices● Milk	<ul style="list-style-type: none">● ● Beef Macaroni Goulash● ● (Mac & Cheese)Baby Carrots● Milk	<ul style="list-style-type: none">● ● ● Naan BitesCucumber/● ● ● Ranch Dressing

Allergy Alert! Some menu items may contain: ● gluten, ● dairy, ● soy, ● egg, ● sesame. ● Fish . Green highlight is Vegetarian Menu.

Please note that Infants are supplied Whole Milk and Preschool children are supplied 2% Milk. Fueling Brains Academy is a proud partner with local restaurants
Disclaimer: While we strive to provide accurate information regarding the menu, ingredient, & possible allergens, please be aware we do not guarantee the identification of every ingredient or allergen present in food provided by our vendor.



PRESCHOOL MENU

Braeside, New Brighton, West 85th

Dec 15- Dec 19

Breakfast

Lunch

PM Snack

M

Herb & Cheddar Biscuits

● ● ●
Apple Sauce

● ● Mac n' Cheese with Italian
Meat(Vegetarian) balls
Steamed Carrots & Green Beans
● Milk

Vegetarian Spring Rolls

● ●
Baby Carrots

T

● Wholewheat Bread
with ● Cheese
Strawberry Coconut Smoothie

● ● ● ● Lasagna
Baby Carrots
● Milk

● Greek Yogurt
Blueberries
● Crackers

W

● ● Scrambled Egg
● Toasted Bread
● Milk

● ● Cheese burger Pasta (Buckwheat)
Fresh Steamed Broccoli & Califlower
● Milk

● ● Cheese Bites
Apple Sauce

TH

● ● Kellogg's Vector Cereal
Apple Slices
● Milk

● ● Chicken (● Tofu) Fried Rice
Green Peas
● Milk

● Berries Energy Bar
● Milk

F

● ● Frittata
● Milk

● ● ● ● Chicken Fajita w Mushroom Gravy
(Parneer Tikka Masala) with Rice
Oranges
● Milk

● Strings Cheese
Brown Rice Cake

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