

Breakfast

AM Snack

Lunch

PM Snack

M

Herb & Cheddar Biscuits



Milk

Goldfish Crackers
(*Mum Mum- Jr.infant)
Oranges

Chicken Fajita w Mushroom Gravy
(Paneer Tikka Masala) with Rice
Oranges
Milk

Greek Yogurt
Blueberries
Crackers

T

Scrambled Egg
Toasted Bread
Milk

Strings Cheese
(Ricotta Cheese- Jr.infant)
Apple Slices

Mac n' Cheese with Italian
Meat(Vegetarian) balls
Steamed Carrots & Green Beans
Milk

Vegetarian Spring Rolls
(Rice Cereal- Jr.infant)
Baby Carrots

W

Wholewheat Bread
with Cheese
Strawberry Coconut Smoothie

Greek Yogurt
Blueberries

Chicken (Tofu) Fried Rice
Green Peas
Milk

Cheese Sticks
Apple Sauce

TH

Kellogg's Vector Cereal
Apple Slices
Milk

Butterflake Roll
Mixed Berry Smoothie

Cheese burger Pasta (Buckwheat)
Fresh Steamed Broccoli & Califlower
Milk

Berries Energy Bar
(Baby Food Puree-- Jr.infant)
Milk

F

Frittata
Milk

Oatmeal Cookies
Mandarins

Lasagna
Baby Carrots
Milk

Strings Cheese
(Ricotta Cheese- Jr.infant)
Brown Rice Cake

Allegry Alert! Some menu items may contain:  gluten,  dairy,  soy,  egg,  sesame  Fish Green highlight is Vegetarian Menu.

Please note that Infants are supplied Whole Milk and Preschool children are supplied 2% Milk. Fueling Brains Academy is a proud partner with local restaurants

Disclaimer: While we strive to provide accurate information regarding the menu, ingredient, & possible allergens, please be aware we do not guarantee the identification of every ingredient or allergen present in food provided by our vendor.

Breakfast

AM Snack

Lunch

PM Snack

<p>M</p> <ul style="list-style-type: none"> French Toast Apple Slices Milk 	<ul style="list-style-type: none"> Greek Yogurt Mango 	<p>Chicken (Vegetable) Chowmein</p> <ul style="list-style-type: none"> Cucumber Milk 	<ul style="list-style-type: none"> Multi Grain Cracker Apple Sauce
<p>T</p> <ul style="list-style-type: none"> Whole Wheat Bagel Cream Cheese Baby Carrots Milk 	<ul style="list-style-type: none"> Strings Cheese (Ricotta Cheese- Jr.infant) Apple Slices 	<p>Turkey Ham (Spiced Jumbo Fava Beans) & Cheese Bowties</p> <p>Fresh Steamed Carifonia Style Veggies</p> <ul style="list-style-type: none"> Milk 	<p>Greek Spinach Pie</p> <p>(*Pick me Stick- Jr.infant)</p> <p>Oranges</p>
<p>W</p> <ul style="list-style-type: none"> Berries Energy Bar (Baby Food Puree-- Jr.infant) Milk 	<ul style="list-style-type: none"> Butterflake Roll Oranges 	<p>Butter Panner with Rice</p> <p>Steamed Peas & Carrots</p> <ul style="list-style-type: none"> Milk 	<ul style="list-style-type: none"> Greek Yogurt Blueberries Crackers
<p>TH</p> <ul style="list-style-type: none"> Waffles Milk 	<ul style="list-style-type: none"> Oatmeal Cookies Mandarins 	<p>Sloppy Chicken Joe's (BBQ Crumbled Tofu) With Soft Rolls</p> <p>Steamed Yellow Corn</p> <ul style="list-style-type: none"> Milk 	<ul style="list-style-type: none"> Naan Bites Cucumber/ Ranch Dressing
<p>F</p> <ul style="list-style-type: none"> Berries Overnight Oats Oranges 	<ul style="list-style-type: none"> Brown Rice Cake Banana Milk 	<ul style="list-style-type: none"> Beef Mexican Casserole with Tortillas Mexican Bean & Rice Casseroles Baby Carrots Milk 	<ul style="list-style-type: none"> Graham Crackers (*Mum Mum- Jr.infant) Apples

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Cheerios
Oranges
● Milk

● Greek Yogurt
Mango

● ● Beef Macaroni Goulash
● ● (Mac & Cheese)
Banana
● Milk

● Strings Cheese
● (Ricotta Cheese- Jr.infant)
Brown Rice Cake

T

● ● ● ● Waffles
Baby Carrots
● Milk

● ● ● Oatmeal Cookies
Mandarins

● Spaghetti Beef (Buckwheat) Bolognese
Steamed Corn, Peas, Carrots & Beans
● Milk

● ● Multi Grain Cracker
Apple Sauce

W

● ● ● ● Whole Wheat Bagel
● Cream Cheese
Apple Slices
● Milk

Brown Rice Cake
Banana
● Milk

Chicken (Chickpea) Curry with Rice
Steamed Peas & Carrots
● Milk

Greek Spinach Pie
● ● ● ●
● ● (*Pick me Stick- Jr.infant)
Oranges

TH

● Turkey Sausages
● Hashbrowns
● Milk

● ● ● ● ●
Butterflake Roll
Strawberry Banana Smoothie

Sweet & Sour Meat (Vegetarian) balls/Rice
● ●
Steamed Butternut Squash
& Green Beans
● Milk

● Greek Yogurt
Blueberries
● Crackers

F

●
Wow Butter Banana Energy Shake
● ● ● Oatmeal Cookies
● Milk

● Strings Cheese
Oranges

● ● Chicken Nuggets (Perogies)
Baby Carrots ● ● ● ●
● Milk

● ● ● Naan Bites
Cucumber/
● ● ● Ranch Dressing

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● Milk

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(*Mum Mum- Jr.infant)
Oranges

● ● ● ● Chicken Fajita w Mushroom Gravy
● ● ● ● (Paneer Tikka Masala) with Rice
Oranges
● Milk

● Greek Yogurt
Blueberries
● Crackers

T

● ● Scrambled Egg
● Toasted Bread
● Milk

● Strings Cheese
● (Ricotta Cheese- Jr.infant)
Apple Slices

● ● ● Mac n' Cheese with Italian
Meat (Vegetarian) balls
Steamed Carrots & Green Beans
● Milk

Vegetarian Spring Rolls
● ●
(Rice Cereal- Jr.infant)
Baby Carrots

W

● Wholewheat Bread
with ● Cheese
Strawberry Coconut Smoothie

● Greek Yogurt
Blueberries

● ● Chicken (● Tofu) Fried Rice
Green Peas
● Milk

● ● ● Cheese Sticks
Apple Sauce

TH

● ● Kellogg's Vector Cereal
Apple Slices
● Milk

● ● ● ● ●
Butterflake Roll
Mixed Berry Smoothie

● ● Cheese burger Pasta (Buckwheat)
Fresh Steamed Broccoli & Califlower
● Milk

● Berries Energy Bar
(Baby Food Puree-- Jr.infant)
● Milk

F

● ● Frittata
● Milk

● ● ● Oatmeal Cookies
Mandarins

● ● ● ● Lasagna
Baby Carrots
● Milk

● Strings Cheese
(Ricotta Cheese- Jr.infant)
Brown Rice Cake

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CAMPUS CLOSED (GOOD FRIDAY)

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