



Breakfast

Lunch

PM Snack

M

Herb & Cheddar Biscuits



Milk

Chicken Fajita w Mushroom Gravy
(Paner Tikka Masala) with Rice

Oranges
Milk

Greek Yogurt
Blueberries
Crackers

T

Scrambled Egg

Toasted Bread
Milk

Mac n' Cheese with Italian
Meat(Vegetarian) balls
Steamed Carrots & Green Beans

Milk

Vegetarian Spring Rolls
(Rice Cereal- Jr.infant)
Baby Carrots

W

Wholewheat Bread
with Cheese
Strawberry Coconut Smoothie

Chicken (Tofu) Fried Rice
Green Peas
Milk

Cheese Sticks
Apple Sauce

TH

Kellogg's Vector Cereal
Apple Slices
Milk

Cheese burger Pasta (Buckwheat)
Fresh Steamed Broccoli & Califlower
Milk

Berries Energy Bar
(Baby Food Puree-- Jr.infant)
Milk

F

Frittata
Milk

Lasagna
Baby Carrots
Milk

Strings Cheese
(Ricotta Cheese- Jr.infant)
Brown Rice Cake

Allergy Alert! Some menu items may contain: gluten, dairy, soy, egg, sesame Fish Green highlight is Vegetarian Menu.

Please note that Infants are supplied Whole Milk and Preschool children are supplied 2% Milk. Fueling Brains Academy is a proud partner with local restaurants

Disclaimer: While we strive to provide accurate information regarding the menu, ingredient, & possible allergens, please be aware we do not guarantee the identification of every ingredient or allergen present in food provided by our vendor.



Breakfast

Lunch

PM Snack

M

●●●● French Toast
● Apple Slices
● Milk

Chicken (Vegetable) Chowmein
●●●●
● Cucumber
● Milk

●● Multi Grain Cracker
● Apple Sauce

T

●●●● Whole Wheat Bagel
● Cream Cheese
● Baby Carrots
● Milk

Turkey Ham (Spiced Jumbo Fava Beans)
●● & Cheese Bowties
Fresh Steamed Carifonia Style Veggies
● Milk

Greek Spinach Pie
●●●●
●● (*Pick me Stick- Jr.infant)
Oranges

W

● Berries Energy Bar
(Baby Food Puree-- Jr.infant)
● Milk

● Butter Panner with Rice
Steamed Peas & Carrots
● Milk

● Greek Yogurt
Blueberries
● Crackers

TH

●●●● Waffles
● Milk

Sloppy Chicken Joe's (BBQ Crumbled
Tofu) With ●● Soft Rolls
Steamed Yellow Corn
● Milk

●●●● Naan Bites
Cucumber/
●●●● Ranch Dressing

F

Berries Overnight Oats
Oranges

● Beef Mexican Casserole with Tortillas
●●●●
●●●● Mexican Bean & Rice Casseroles)
● Baby Carrots
● Milk

●● Graham Crackers
(*Mum Mum- Jr.infant)
Apples

Allergy Alert! Some menu items may contain: ● gluten, ● dairy, ● soy, ● egg, ● sesame ● Fish Green highlight is Vegetarian Menu.

Please note that Infants are supplied Whole Milk and Preschool children are supplied 2% Milk. Fueling Brains Academy is a proud partner with local restaurants

Disclaimer: While we strive to provide accurate information regarding the menu, ingredient, & possible allergens, please be aware we do not guarantee the identification of every ingredient or allergen present in food provided by our vendor.



Breakfast

Lunch

PM Snack

M

- Cheerios
- Oranges
- Milk

- Beef Macaroni Goulash
- (Mac & Cheese)
- Banana
- Milk

- Strings Cheese
- (Ricotta Cheese- Jr.infant)
- Brown Rice Cake

T

- Waffles
- Baby Carrots
- Milk

- Spaghetti Beef (Buckwheat) Bolognese
- Steamed Corn, Peas, Carrots & Beans
- Milk

- Multi Grain Cracker
- Apple Sauce

W

- Whole Wheat Bagel
- Cream Cheese
- Apple Slices
- Milk

- Chicken (Chickpea) Curry with Rice
- Steamed Peas & Carrots
- Milk

- Greek Spinach Pie
- (*Pick me Stick- Jr.infant)
- Oranges

TH

- Turkey Sausages
- Hashbrowns
- Milk

- Sweet & Sour Meat (Vegetarian) balls/Rice
- Steamed Butternut Squash & Green Beans
- Milk

- Greek Yogurt
- Blueberries
- Crackers

F

- Wow Butter Banana Energy Shake
- Oatmeal Cookies
- Milk

- Chicken Nuggets (Perogies)
- Baby Carrots
- Milk

- Naan Bites
- Cucumber/
- Ranch Dressing

Allegy Alert! Some menu items may contain: ● gluten, ● dairy, ● soy, ● egg, ● sesame ● Fish Green highlight is Vegetarian Menu.

Please note that Infants are supplied Whole Milk and Preschool children are supplied 2% Milk. Fueling Brains Academy is a proud partner with local restaurants

Disclaimer: While we strive to provide accurate information regarding the menu, ingredient, & possible allergens, please be aware we do not guarantee the identification of every ingredient or allergen present in food provided by our vendor.



Breakfast

Lunch

PM Snack

M

Herb & Cheddar Biscuits



Milk

Chicken Fajita w Mushroom Gravy
(Paner Tikka Masala) with Rice

Oranges

Milk

Greek Yogurt

Blueberries

Crackers

T

Scrambled Egg

Toasted Bread

Milk

Mac n' Cheese with Italian
Meat(Vegetarian) balls

Steamed Carrots & Green Beans

Milk

Vegetarian Spring Rolls

(Rice Cereal- Jr.infant)

Baby Carrots

W

Wholewheat Bread
with Cheese
Strawberry Coconut Smoothie

Chicken (Tofu) Fried Rice

Green Peas

Milk

Cheese Sticks

Apple Sauce

TH

Kellogg's Vector Cereal

Apple Slices

Milk

Cheese burger Pasta (Buckwheat)

Fresh Steamed Broccoli & Califlower

Milk

Berries Energy Bar
(Baby Food Puree-- Jr.infant)

Milk

F

Frittata

Milk

Lasagna

Baby Carrots

Milk

Strings Cheese
(Ricotta Cheese- Jr.infant)
Brown Rice Cake

Allegy Alert! Some menu items may contain: orange (gluten), blue (dairy), green (soy), red (egg), black (sesame), pink (Fish) Green highlight is Vegetarian Menu.

Please note that Infants are supplied Whole Milk and Preschool children are supplied 2% Milk. Fueling Brains Academy is a proud partner with local restaurants

Disclaimer: While we strive to provide accurate information regarding the menu, ingredient, & possible allergens, please be aware we do not guarantee the identification of every ingredient or allergen present in food provided by our vendor.



Breakfast

Lunch

PM Snack

M

●●●● French Toast
● Apple Slices
● Milk

Chicken (Vegetable) Chowmein
●●●●
● Cucumber
● Milk

●● Multi Grain Cracker
● Apple Sauce

T

●●●● Whole Wheat Bagel
● Cream Cheese
● Baby Carrots
● Milk

Turkey Ham (Spiced Jumbo Fava Beans)
●● & Cheese Bowties
Fresh Steamed Carifonia Style Veggies
● Milk

Greek Spinach Pie
●●●●
●● (*Pick me Stick- Jr.infant)
Oranges

W

● Berries Energy Bar
(Baby Food Puree-- Jr.infant)
● Milk

● Butter Panner with Rice
Steamed Peas & Carrots
● Milk

● Greek Yogurt
● Blueberries
● Crackers

TH

●●●● Waffles
● Milk

Sloppy Chicken Joe's (BBQ Crumbled
Tofu) With ●● Soft Rolls
Steamed Yellow Corn
● Milk

●●●● Naan Bites
● Cucumber/
●●● Ranch Dressing

F

CAMPUS CLOSED (GOOD FRIDAY)

Allegy Alert! Some menu items may contain: ● gluten, ● dairy, ● soy, ● egg, ● sesame ● Fish Green highlight is Vegetarian Menu.

Please note that Infants are supplied Whole Milk and Preschool children are supplied 2% Milk. Fueling Brains Academy is a proud partner with local restaurants

Disclaimer: While we strive to provide accurate information regarding the menu, ingredient, & possible allergens, please be aware we do not guarantee the identification of every ingredient or allergen present in food provided by our vendor.