



INFANT MENU

Bridgeland, Beltline, Centennial, McKnight

Aug 3- Aug 7

Breakfast

AM Snack

Lunch

PM Snack

M

CAMPUS CLOSED (HERITAGE DAY)

T

● Scrambled Egg
● Toasted Bread
● Milk

● Gerber Mild Cheddar
Oranges

● ● Mac n' Cheese with Italian
Meat(Vegetarian) balls
Steamed Carrots & Green Beans
● Milk

Vegetarian Spring Rolls
● ●
(Rice Cereal- Jr.infant)
Baby Carrots

W

● ● Wholewheat Bread
with ● Cheese
● Milk

● ● ● ●
Nestlé Cerelac Biscuits
Blueberries

● ● Chicken (● Tofu) Fried Rice
Green Peas
● Milk

● ● ● Cheese Sticks
Apple Sauce

TH

● ● Kellogg's Vector Cereal
Apple Slices
● Milk

● ● ● ● ●
Butterflake Roll
Pears

● ● ● Egg Salad Sandwich
Crispy Dill Pickle Coleslaw
● Milk

● Berries Energy Bar
(Baby Food Puree-- Jr.infant)
● Milk

F

Berries Overnight Oats
Oranges

● ● ● Granola bars
Mandarins

● ● ● ● Lasagna
Baby Carrots
● Milk

● Strings Cheese
● (Ricotta Cheese- Jr.infant)
Brown Rice Cake

Allergy Alert! Some menu items may contain: ● gluten, ● dairy, ● soy, ● egg, ● sesame ● Fish Green highlight is Vegetarian Menu.

Please note that Infants are supplied Whole Milk and Preschool children are supplied 2% Milk. Fueling Brains Academy is a proud partner with local restaurants

Disclaimer: While we strive to provide accurate information regarding the menu, ingredient, & possible allergens, please be aware we do not guarantee the identification of every ingredient or allergen present in food provided by our vendor.

Breakfast

AM Snack

Lunch

PM Snack

M ●●●● French Toast Apple Slices ● Milk	● Greek Yogurt Mango	●●● Beef Spaghetti Bake ●●● Vegetarian Tofu w Creamy pasta ●●● Apple Slices ● Milk	●● Multi Grain Cracker Apple Sauce
T ●●●● Whole Wheat Bagel ● Cream Cheese Baby Carrots ● Milk	● Strings Cheese ● (Ricotta Cheese- Jr.infant) Apple Slices	Turkey Ham (Spiced Jumbo Fava Beans) ●● & Cheese Bowties Fresh Steamed Carifonia Style Veggies ● Milk	Vegetarian Spring Rolls ●●● (*Pick me Stick- Jr.infant) Oranges
W ● Berries Energy Bar (Baby Food Puree-- Jr.infant) ● Milk	●●●● Butterflake Roll Oranges	● Butter Panner with Rice Steamed Peas & Carrots ● Milk	● Greek Yogurt Blueberries ● Crackers
TH ●●●● Waffles ● Milk	●●● Organic Animal Cookies Cantaloupe	Sloppy Chicken Joe's (BBQ Crumbled Tofu) With ●● Soft Rolls Steamed Yellow Corn ● Milk	●●● Naan Bites Cucumber/ ●●● Ranch Dressing
F Banana Blueberry Muffin ●●● Milk	Brown Rice Cake Peach Slices	● Beef Mexican Casserole with Tortillas ●●● Mexican Bean & Rice Casseroles Baby Carrots ● Milk	●● Graham Crackers (*Mum Mum- Jr.infant) Apples

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M

●●●● Pancakes
Apple Slices
● Milk

●● Goldfish Crackers
(*Mum Mum- Jr.infant)
Mango

●●●● Perogies with Beef Stew
Baby Carrots
● Milk

● Greek Yogurt
Blueberries
● Crackers

T

Rice Krispies
Oranges
● Milk

●●● Organic Berry Pick-Me Sticks
Apple Slices

●● Cheese burger Pasta (Buckwheat)
Fresh Steamed Broccoli & Califlower
● Milk

●● Multi Grain Cracker
Watermelon

W

●●●● Waffles
Oranges
● Milk

● Strings Cheese
(Ricotta Cheese- Jr.infant)
Banana

●● Cream Cheese Pasta
Apple Slices
● Milk

Vegetarian Spring Rolls
●●
(Rice Cereal- Jr.infant)
Baby Carrots

TH

●● Scrambled Egg
● Toasted Bread
● Milk

Brown Rice Cake
Peach Slices

●●●● Grilled Cheese Sandwich
Summer Salad
● Milk

●●● Cheese Sticks
Cucumber/Ranch
●●●

F

●●●● Cinnamon Rolls
Apple Slices
● Milk

● Greek Yogurt
Blueberries

●●●● Chili Con Carne (Vegetarian Chili)
●●●● Tortillas
● Milk

● Strings Cheese
● (Ricotta Cheese- Jr.infant)
Brown Rice Cake

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M

Cheerios
Oranges
● Milk

● Greek Yogurt
Mango

● ● Beef Macaroni Goulash
● ● (Mac & Cheese)
Baby Carrots
● Milk

● Strings Cheese
● (Ricotta Cheese- Jr.infant)
Brown Rice Cake

T

● ● ● ● Waffles
Maple Syrup
Banana
● Milk

● Organic Banana Rice Rusks
Mandarins

● Beef (Buckwheat) Bolognese Pasta
Steamed Corn, Peas, Carrots & Beans
● Milk

● ● Multi Grain Cracker
Apple Sauce

W

● ● ● ● Whole Wheat Bagel
● Cream Cheese
Apple Slices
● Milk

Mum Mum
Banana

Chicken (Chickpea) Curry with Rice
Steamed Peas & Carrots
● Milk

Lemon Raspberry Muffin
● ● ● Oranges

TH

● Turkey Sausages
● Hashbrowns
● Milk

● ● ● ● Butterflake Roll
Strawberry Banana Smoothie

Sweet & Sour Meat (Vegetarian) balls/Rice
● ● Steamed Butternut Squash
& Green Beans
● Milk

● Greek Yogurt
Blueberries
● Crackers

F

● Wow Butter Banana Energy Shake
● ● ● Granola Bars

● Strings Cheese
● (Ricotta Cheese- Jr.infant)
Oranges

● ● Chicken Nuggets (Cauliflower bites)
Apples Slices
● Milk

● ● ● Naan Bites
Cucumber/
● ● ● Ranch Dressing

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