



INFANT MENU

Bridgeland, Beltline, Centennial, McKnight

Aug 31- Sep 4

Breakfast

AM Snack

Lunch

PM Snack

M

CAMPUS CLOSED (PD DAY)

T

●● Scrambled Egg
●● Toasted Bread
● Milk

● Gerber Mild Cheddar
Oranges

●●● Mac n' Cheese with Italian
Meat(Vegetarian) balls
Steamed Carrots & Green Beans
● Milk

Vegetarian Spring Rolls
●●
(Rice Cereal- Jr.infant)
Baby Carrots

W

●● Wholewheat Bread
with ● Cheese
● Milk

●●●● Nestlé Cerelac Biscuits
Blueberries

●● Chicken (● Tofu) Fried Rice
Green Peas
● Milk

●●● Cheese Sticks
Apple Sauce

TH

●● Kellogg's Vector Cereal
Apple Slices
● Milk

●●●● Butterflake Roll
Pears

●●● Egg Salad Sandwich
Crispy Dill Pickle Coleslaw
● Milk

● Berries Energy Bar
(Baby Food Puree-- Jr.infant)
● Milk

F

Berries Overnight Oats
Oranges

●●● Granola bars
Mandarins

●●●● Lasagna
Baby Carrots
● Milk

● Strings Cheese
● (Ricotta Cheese- Jr.infant)
Brown Rice Cake

Allegry Alert! Some menu items may contain: ● gluten, ● dairy, ● soy, ● egg, ● sesame ● Fish Green highlight is Vegetarian Menu/ Underline :Halal
Please note that Infants are supplied Whole Milk and Preschool children are supplied 2% Milk. Fueling Brains Academy is a proud partner with local restaurants
Disclaimer: While we strive to provide accurate information regarding the menu, ingredient, & possible allergens, please be aware we do not guarantee the identification of every ingredient or allergen present in food provided by our vendor.

Breakfast

AM Snack

Lunch

PM Snack

M

CAMPUS CLOSED (LABOUR DAY)

T - Whole Wheat Bagel - Cream Cheese - Baby Carrots - Milk	- Strings Cheese (Ricotta Cheese- Jr.infant) - Apple Slices	Turkey Ham (Spiced Jumbo Fava Beans) & Cheese Bowties Fresh Steamed Carifonia Style Veggies Milk	Vegetarian Spring Rolls (*Pick me Stick- Jr.infant) Oranges
W - Berries Energy Bar (Baby Food Puree-- Jr.infant) - Milk	- Butterflake Roll - Oranges	Butter Panner with Rice Steamed Peas & Carrots Milk	- Greek Yogurt - Blueberries - Crackers
TH - Waffles - Milk	- Organic Animal Cookies - Cantaloupe	<u>Sloppy Chicken Joe's</u> (BBQ Crumbled Tofu) With Soft Rolls Steamed Yellow Corn Milk	- Naan Bites - Cucumber/ - Ranch Dressing
F Banana Blueberry Muffin Milk	Brown Rice Cake Peach Slices	- Beef Mexican Casserole with Tortillas - Mexican Bean & Rice Casseroles - Baby Carrots - Milk	- Graham Crackers (*Mum Mum- Jr.infant) - Apples

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Breakfast

AM Snack

Lunch

PM Snack

M

●●●● Pancakes
Apple Slices
● Milk

●● Goldfish Crackers
(*Mum Mum- Jr.infant)
Mango

●●●● Perogies with Beef Stew
Baby Carrots
● Milk

● Greek Yogurt
Blueberries
● Crackers

T

Rice Krispies
Oranges
● Milk

●●● Organic Berry Pick-Me Sticks
Apple Slices

●● Cheese burger Pasta (Buckwheat)
Fresh Steamed Broccoli & Califlower
● Milk

●● Multi Grain Cracker
Watermelon

W

●●●● Waffles
Oranges
● Milk

● Strings Cheese
(Ricotta Cheese- Jr.infant)
Banana

●● Cream Cheese Pasta
Apple Slices
● Milk

Vegetarian Spring Rolls
●●
(Rice Cereal- Jr.infant)
Baby Carrots

TH

●● Scrambled Egg
● Toasted Bread
● Milk

Brown Rice Cake
Peach Slices

●●●● Grilled Cheese Sandwich
Summer Salad
● Milk

●●● Cheese Sticks
Cucumber/Ranch
●●●

F

●●●● Cinnamon Rolls
Apple Slices
● Milk

● Greek Yogurt
Blueberries

●●●● Chili Con Carne (Vegetarian Chili)
Rice
● Milk

● Strings Cheese
● (Ricotta Cheese- Jr.infant)
Brown Rice Cake

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Lunch

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M

Cheerios
Oranges
● Milk

● Greek Yogurt
Mango

● ● Beef Macaroni Goulash
● ● (Mac & Cheese)
Baby Carrots
● Milk

● Strings Cheese
● (Ricotta Cheese- Jr.infant)
Brown Rice Cake

T

● ● ● ● Waffles
Maple Syrup
Banana
● Milk

● Organic Banana Rice Rusks
Mandarins

● Beef (Buckwheat) Bolognese Pasta
Steamed Corn, Peas, Carrots & Beans
● Milk

● ● Multi Grain Cracker
Apple Sauce

W

● ● ● ● Whole Wheat Bagel
● Cream Cheese
Apple Slices
● Milk

Mum Mum
Banana

Chicken (Chickpea) Curry with Rice
Steamed Peas & Carrots
● Milk

Lemon Raspberry Muffin
● ● ● Oranges

TH

● Turkey Sausages
● Hashbrowns
● Milk

● ● ● ● Butterflake Roll
Strawberry Banana Smoothie

Sweet & Sour Meat (Vegetarian) balls/Rice
● ● Steamed Butternut Squash
& Green Beans
● Milk

● Greek Yogurt
Blueberries
● Crackers

F

● Wow Butter Banana Energy Shake
● ● ● Granola Bars

● Strings Cheese
● (Ricotta Cheese- Jr.infant)
Oranges

● ● Chicken Nuggets (Cauliflower bites)
Apples Slices ● ● ●
● Milk

● ● ● Naan Bites
Cucumber/
● ● ● Ranch Dressing

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M

Herb & Cheddar Biscuits



Milk

Goldfish Crackers
(*Mum Mum- Jr.infant)
Apple Slices

Chicken (Vegetable) Chowmein



Banana

Milk

Greek Yogurt
Blueberries
Crackers

T

Scrambled Egg
Toasted Bread
Milk

Gerber Mild Cheddar
Oranges

Mac n' Cheese with Italian
Meat(Vegetarian) balls
Steamed Carrots & Green Beans
Milk

Vegetarian Spring Rolls
(Rice Cereal- Jr.infant)
Baby Carrots

W

Wholewheat Bread
with Cheese
Milk

Nestlé Cerelac Biscuits
Blueberries

Chicken (Tofu) Fried Rice
Green Peas
Milk

Cheese Sticks
Apple Sauce

TH

Kellogg's Vector Cereal
Apple Slices
Milk

Butterflake Roll
Pears

Egg Salad Sandwich
Crispy Dill Pickle Coleslaw
Milk

Berries Energy Bar
(Baby Food Puree-- Jr.infant)
Milk

F

Berries Overnight Oats
Oranges

Granola bars
Mandarins

Lasagna
Baby Carrots
Milk

Strings Cheese
(Ricotta Cheese- Jr.infant)
Brown Rice Cake

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