



INFANT MENU

Braeside, New Brighton, West 85th

Aug 31- Sep 4

Breakfast

AM Snack

Lunch

PM Snack

M CAMPUS CLOSED (PD DAY)

T	Scrambled Egg Toasted Bread Milk	Goldfish Crackers Apple Slices	Chicken (Vegetable) Chowmein Banana Milk	Greek Yogurt Blueberries Crackers
W	Wholewheat Bread with Cheese Milk	Nestlé Cerelac Biscuits Blueberries	Egg Salad Sandwich Crispy Dill Pickle Coleslaw Milk	Berries Energy Bar Milk
TH	Berries Overnight Oats Oranges	Butterflake Roll Pears	Chicken (Tofu) Fried Rice Green Peas Milk	Cheese Bites Apple Sauce
F	Kellogg's Vector Cereal Apple Slices Milk	Granola bars Mandarins	Lasagna Baby Carrots Milk	Strings Cheese Brown Rice Cake

Allegy Alert! Some menu items may contain: gluten, dairy, soy, egg, sesame Fish Green highlight is Vegetarian Menu/ Underline :Halal
Please note that Infants are supplied Whole Milk and Preschool children are supplied 2% Milk. Fueling Brains Academy is a proud partner with local restaurants
Disclaimer: While we strive to provide accurate information regarding the menu, ingredinent, & possible allergens, please be aware we do not guarantee the identification of every ingredient or allergen present in food provided by our vendor.



INFANT MENU

Braeside, New Brighton, West 85th

Sep 7- Sep 11

Breakfast

AM Snack

Lunch

PM Snack

M

CAMPUS CLOSED (LABOUR DAY)

T	Cheerios Oranges ● Milk	Butterflake Roll ●●●●● Apple Slices	●●● Beef(Vegetable) Spaghetti Apple Slices ● Milk	● Greek Yogurt Blueberries ● Crackeres
W	●●●● Whole Wheat Bagel ● Cream Cheese Baby Carrots ● Milk	● Strings Cheese Oranges	Sloppy <u>Chicken</u> Joe's (BBQ Crumbled Tofu) With ●● Soft Rolls Steamed Yellow Corn ● Milk	●●● Naan Bites Cucumber/ ●●● Ranch Dressing
TH	●● Banana Blueberry Muffin ● Milk	Brown Rice Cake Peach Slices	● Butter Panner with Rice Steamed Peas & Carrots ● Milk	●● Multi Grain Cracker Apple Sauce
F	●●●● Waffles ● Milk	●●● Organic Animal Cookies Cantaloupe	● Beef Mexican Casserole with Tortillas ●●● Mexican Bean & Rice Casseroles) Baby Carrots ● Milk	●● Graham Crackers Apples

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INFANT MENU

Braeside, New Brighton, West 85th

Sep 14- Sep 18

Breakfast

AM Snack

Lunch

PM Snack

M	Rice Krispies Apples Milk	Goldfish Crackers Oranges	<u>Cheese burger Pasta</u> (Buckwheat) Fresh Steamed Broccoli & Califlower Milk	Greek Yogurt Blueberries Crackers
T	Waffles Oranges Milk	Strings Cheese Cucumber	<u>Perogies</u> with Beef Stew Apples Milk	Multi Grain Cracker Watermelon
W	Pancakes Apple Slices Milk	Greek Yogurt Blueberries	Grilled Cheese Sandwich Summer Salad Milk	Vegetarian Spring Rolls Baby Carrots
TH	Scrambled Egg Toasted Bread Milk	Organic Berry Pick-Me Sticks Oranges	<u>Cream Cheese Pasta</u> Apple Slices Milk	Cheese Bites Cucumber/Ranch
F	Cinnamon Rolls Apple Slices Milk	Brown Rice Cake Peach Slices	Chili Con Carne (Vegetarian Chili) Rice Milk	Strings Cheese Brown Rice Cake

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Breakfast

AM Snack

Lunch

PM Snack

M

Cheerios
Oranges
● Milk

● Greek Yogurt
Mango

● Beef (Buckwheat) Bolognese Pasta
Steamed Corn, Peas, Carrots & Beans
● Milk

● Strings Cheese
Brown Rice Cake

T

● ● ● Waffles
Maple Syrup
Baby Carrots
● Milk

● Organic Banana Rice Rusks
Mandarins

● ● Beef Macaroni Goulash
● ● (Mac & Cheese)
Banana
● Milk

● ● Multi Grain Cracker
Apple Sauce

W

● Turkey Sausage
● Hashbrowns
● Milk

● Strings Cheese
Apple slices

Sweet & Sour Meat (Vegetarian) balls/Rice
● ● Steamed Butternut Squash
& Green Beans
● Milk

Lemon Raspberry Muffin
● ● Oranges

TH

● Wow Butter Banana Energy Shake
● ● Granola Bars

● ● ● Butterflake Roll
Strawberry Banana Smoothie

Chicken (Chickpea) Curry with Rice
Steamed Peas & Carrots
● Milk

● Greek Yogurt
Blueberries
● Crackers

F

● ● ● Whole Wheat Bagel
Cream Cheese
Oranges
● Milk

Mum Mum
Banana

● ● Chicken Nuggets (Cauliflower bites)
Apples Slices ● ● ●
● Milk

● ● ● Naan Bites
Cucumber/
● ● Ranch Dressing

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INFANT MENU

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Sep 28- Oct 2

Breakfast

AM Snack

Lunch

PM Snack

M

Herb & Cheddar Biscuits



Milk

Gerber Mild Cheddar
Oranges

Mac n' Cheese with Italian
Meat(Vegetarian) balls
Steamed Carrots & Green Beans
Milk

Vegetarian Spring Rolls
Baby Carrots

T

Scrambled Egg
Toasted Bread
Milk

Goldfish Crackers
Apple Slices

Chicken (Vegetable) Chowmein
Banana
Milk

Greek Yogurt
Blueberries
Crackers

W

Wholewheat Bread
with Cheese
Milk

Nestlé Cerelac Biscuits
Blueberries

Egg Salad Sandwich
Crispy Dill Pickle Coleslaw
Milk

Berries Energy Bar
Milk

TH

Berries Overnight Oats
Oranges

Butterflake Roll
Pears

Chicken (Tofu) Fried Rice
Green Peas
Milk

Cheese Bites
Apple Sauce

F

Kellogg's Vector Cereal
Apple Slices
Milk

Granola bars
Mandarins

Lasagna
Baby Carrots
Milk

Strings Cheese
Brown Rice Cake

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