fuelingbrains ACADEMY™ PRESCHOOL MENU

Braeside, New Brighton, West 85th

Nov 2- Nov 6

	Breakfast	Lunch	PM Snack
M	French Toast Apple Slices Milk	Turkey Ham (Spiced Jumbo Fava Beans) & Cheese Bowties Fresh Steamed Carifonia Style Veggies Milk	Vegetarian Spring Rolls Oranges
T	Berries Energy Bar Milk	Vetetarian Cheese Tortellini with Tomato Sauce Baby Carrots Milk	Greek Yogurt Blueberries Crackeres
W	Whole Wheat Bagel Cream Cheese Baby Carrots Milk	Sloppy Chicken Joe's (BBQ Crumbled Tofu) With Soft Rolls Steamed Yellow Corn Milk	Naan Bites Cucumber/ Ranch Dressing
TH	Pineapple Carrot Muffin Milk	Butter Panner with Rice Steamed Peas & Carrots Milk	Multi Grain Cracker Apple Sauce
F	Waffles Milk	Beef Mexican Casserole with Tortillas Mexican Bean & Rice Casseroles) Baby Carrots Milk	Graham Crackers Apples

Allegy Alert! Some menu items may contain: gluten, dairy, soy, egg, sesame Fish Green highlight is Vegetarian Menu/ **Underline :Halal**

Please note that Infants are supplied Whole Milk and Preschool children are supplied 2% Milk. Fueling Brains Academy is a proud partner with local restaurants

Disclaimer: While we strive to provide accurate information regarding the menu, ingredient, & possible allergens, please be aware we do not guarantee the identification of every ingredient or allergen present in food provided by our vendor.

PRESCHOOL MENU

Nov 9- Nov 13

Braeside, New Brighton, West 85th

	Breakfast	Lunch	PM Snack
M	Rice Krispies Apple Milk	Cheese burger Pasta (Buckwheat) Fresh Steamed Broccoli & Califlower Milk	Greek Yogurt Blueberries Crackers
T	Waffles Apple Milk	Perogies with Beef Stew Baby Carrots Milk	Multi Grain Cracker Oranges
W	CAMPUS CLOSED (REMEMBRANCE DAY)		
TH	Scrambled Egg Toasted Bread Milk	Chicken Cream Cheese Pasta Apple Slices Milk	Cheese Bites Cucumber/Ranch
F	Cinnamon Rolls Apple Slices Milk	Chili Con Carne (Vegetarian Chili) Rice Milk	Strings Cheese Brown Rice Cake

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PRESCHOOL MENU

Braeside, New Brighton, West 85th

Nov 16- Nov 20

	Breakfast	Lunch	PM Snack
M	Cheerios Oranges Milk	Beef (Buckwheat) Blolognese Pasta Steamed Corn, Peas, Carrots & Beans Milk	Strings Cheese Brown Rice Cake
T	Waffles Maple Syrup Baby Carrots Milk	Beef Macaroni Goulash (Mac & Cheese) Banana Milk	Multi Grain Cracker Apple Sauce
W	Turkey Sausage Hashbrowns Milk	Sweet & Sour Meat (Vegetarian) balls/Rice Steamed Butternut Squash & Green Beans Milk	Lemon Raspberry Muffin Oranges
TH	Wow Butter Banana Energy Shake Granola Bars	Chicken (Chickpea) Curry with Rice Steamed Peas & Carrots Milk	Greek Yogurt Blueberries Crackers
F	Whole Wheat Bagel Cream Cheese Apple Slices Milk	Chicken Nuggets (Cauliflower bites) Apples Slices Milk	Naan Bites Cucumber/ Ranch Dressing

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PRESCHOOL MENU

Braeside, New Brighton, West 85th

Nov 23- Nov 27

	Breakfast	Lunch	PM Snack
M	Herb & Cheddar Biscuits Milk	Mac n' Cheese with Italian Meat(Vegetarian) balls Steamed Carrots & Green Beans Milk	Vegetarian Spring Rolls Baby Carrots
T	Scrambled Egg Toasted Bread Milk	Chicken (Vegetable) Chowmein Banana Milk	Greek Yogurt Blueberries Crackers
W	Wholewheat Bread with Cheese Milk	Egg Salad Sandwich Crispy Dill Pickle Coleslaw Milk	Berries Energy Bar Milk
TH	Berries Overnight Oats Oranges	Chicken (Tofu) Fried Rice Green Peas Milk	Cheese Bites Apple Sauce
F	CAMPUS CLOSED (PTI)		

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