



Summer Menu



Morning Snack



Main Item



Afternoon Snack

Monday

-  Banana Bread
-  Chicken Burger
-  Yogurt, Pretzels & Baby Carrots

Monday

-  Blueberry Muffin
-  Burrito
-  Cream Cheese Graham Sandwich

Tuesday

-  Apple Sauce Seed Mix
-  Tri-Colour Pasta Salad
-  Overnight Oats

Tuesday

-  Croissant & Cheese
-  Pulled Pork Slider
-  "PB" Rice Cakes

Wednesday

-  Yogurt & Berries
-  Perogy & Mixed Veg
-  Apple Crumble

Wednesday

-  French Toast
-  Cucumber Sandwich
-  Apple Nachos

Thursday

-  Energy Balls
-  Naan Nachos
-  Cottage Cheese Jello

Thursday

-  Strawberry Bark Turkey
-  Soft Taco
-  No-Bake Granola Bar

Friday

-  Banana Pudding
-  BBQ Pizza
-  "PB" & J Wrap

Friday

-  Smoothie
-  Cheese Pizza
-  Crackers & Cheese

Meals are subject to change.
Does not include any allergy or dietary substitutions