

Breakfast

AM Snack

Lunch

PM Snack

<p>M</p> <ul style="list-style-type: none"> Cheerios Oranges ● Milk 	<ul style="list-style-type: none"> ● Greek Yogurt Mango 	<ul style="list-style-type: none"> ● Beef Macaroni Goulash (Mac & Cheese) ● Baby Carrots ● Milk 	<ul style="list-style-type: none"> ● Strings Cheese ● (Ricotta Cheese- Jr.infant) Brown Rice Cake
<p>T</p> <ul style="list-style-type: none"> ● Waffles Maple Syrup Banana ● Milk 	<ul style="list-style-type: none"> ● Organic Banana Rice Rusks Mandarins 	<ul style="list-style-type: none"> ● Spaghetti Beef (Buckwheat) Bolognese Steamed Corn, Peas, Carrots & Beans ● Milk 	<ul style="list-style-type: none"> ● Multi Grain Cracker Apple Sauce
<p>W</p> <ul style="list-style-type: none"> ● Whole Wheat Bagel ● Cream Cheese Apple Slices ● Milk 	<ul style="list-style-type: none"> Mum Mum Banana 	<ul style="list-style-type: none"> Chicken (Chickpea) Curry with Rice Steamed Peas & Carrots ● Milk 	<ul style="list-style-type: none"> Lemon Raspberry Muffin ● Oranges
<p>TH</p> <ul style="list-style-type: none"> ● Turkey Sausages ● Hashbrowns ● Milk 	<ul style="list-style-type: none"> ● Butterflake Roll Strawberry Banana Smoothie 	<ul style="list-style-type: none"> Sweet & Sour Meat (Vegetarian) balls/Rice ● Steamed Butternut Squash & Green Beans ● Milk 	<ul style="list-style-type: none"> ● Greek Yogurt Blueberries ● Crackers
<p>F</p> <ul style="list-style-type: none"> ● Wow Butter Banana Energy Shake ● Granola Bars 	<ul style="list-style-type: none"> ● Strings Cheese ● (Ricotta Cheese- Jr.infant) Oranges 	<ul style="list-style-type: none"> ● Chicken Nuggets (Cauliflower bites) Apples Slices ● Milk 	<ul style="list-style-type: none"> ● Naan Bites Cucumber/ ● Ranch Dressing

Allergy Alert! Some menu items may contain: ● gluten, ● dairy, ● soy, ● egg, ● sesame ● Fish Green highlight is Vegetarian Menu.

Please note that Infants are supplied Whole Milk and Preschool children are supplied 2% Milk. Fueling Brains Academy is a proud partner with local restaurants

Disclaimer: While we strive to provide accurate information regarding the menu, ingredient, & possible allergens, please be aware we do not guarantee the identification of every ingredient or allergen present in food provided by our vendor.

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Lunch

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M

Herb & Cheddar Biscuits


 Milk

 Goldfish Crackers
 (*Mum Mum- Jr.infant)
 Apple Slices



 Chicken Fajita w Mushroom Gravy
 (Paneer Tikka Masala) with Rice
 Oranges
 Milk


 Greek Yogurt
 Blueberries
 Crackers

T

 Scrambled Egg
 Toasted Bread
 Milk

 Gerber Mild Cheddar
 Oranges

 Mac n' Cheese with Italian
 Meat(Vegetarian) balls
 Steamed Carrots & Green Beans
 Milk

Vegetarian Spring Rolls

 (Rice Cereal- Jr.infant)
 Baby Carrots

W

 Wholewheat Bread
 with  Cheese
 Milk


 Nestlé Cerelac Biscuits
 Blueberries

 Chicken ( Tofu) Fried Rice
 Green Peas
 Milk

 Cheese Sticks
 Apple Sauce

TH

 Kellogg's Vector Cereal
 Apple Slices
 Milk


 Butterflake Roll
 Pears

 Egg Salad Sandwich
 Crispy Dill Pickle Coleslaw
 Milk

 Berries Energy Bar
 (Baby Food Puree-- Jr.infant)
 Milk

F

CAMPUS CLOSED (PTI)

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M CAMPUS CLOSED (VICTORIA DAY)

<p>T</p>	<ul style="list-style-type: none"> ● ● ● ● Whole Wheat Bagel ● Cream Cheese ● Baby Carrots ● Milk 	<ul style="list-style-type: none"> ● Strings Cheese ● (Ricotta Cheese- Jr.infant) ● Apple Slices 	<ul style="list-style-type: none"> ● ● Turkey Ham (Spiced Jumbo Fava Beans) & Cheese Bowties ● Fresh Steamed Carifonia Style Veggies ● Milk 	<ul style="list-style-type: none"> ● ● ● ● Greek Spinach Pie ● ● ● ● (*Pick me Stick- Jr.infant) ● Oranges
<p>W</p>	<ul style="list-style-type: none"> ● Berries Energy Bar (Baby Food Puree-- Jr.infant) ● Milk 	<ul style="list-style-type: none"> ● ● ● ● Butterflake Roll ● Oranges 	<ul style="list-style-type: none"> ● Butter Panner with Rice ● Steamed Peas & Carrots ● Milk 	<ul style="list-style-type: none"> ● Greek Yogurt ● Blueberries ● Crackers
<p>TH</p>	<ul style="list-style-type: none"> ● ● ● ● Waffles ● Milk 	<ul style="list-style-type: none"> ● ● ● Organic Animal Cookies ● Cantaloupe 	<ul style="list-style-type: none"> ● Sloppy Chicken Joe's (BBQ Crumbled Tofu) With ● ● Soft Rolls ● Steamed Yellow Corn ● Milk 	<ul style="list-style-type: none"> ● ● ● Naan Bites ● Cucumber/ ● ● ● Ranch Dressing
<p>F</p>	<ul style="list-style-type: none"> ● ● Banana Blueberry Muffin ● Milk 	<ul style="list-style-type: none"> ● Brown Rice Cake ● Peach Slices 	<ul style="list-style-type: none"> ● Beef Mexican Casserole with Tortillas ● ● ● ● Mexican Bean & Rice Casseroles) ● Baby Carrots ● Milk 	<ul style="list-style-type: none"> ● ● Graham Crackers (*Mum Mum- Jr.infant) ● Apples

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M

Herb & Cheddar Biscuits

 Milk

  Goldfish Crackers
 (*Mum Mum- Jr.infant)
 Mango

    Perogies
 Apples
 Milk

 Greek Yogurt
 Blueberries
 Crackers

T

Rice Krispies
 Oranges
 Milk

  
 Organic Berry Pick-Me Sticks
 Apple Slices

  Cheese burger Pasta (Buckwheat)
 Fresh Steamed Broccoli & Califlower
 Milk

  Multi Grain Cracker
 Watermelon

W

    Waffles
 Oranges
 Milk

 Strings Cheese
 (Ricotta Cheese- Jr.infant)
 Banana

  Cream Pasta
 Apple Slices
 Milk







Vegetarian Spring Rolls
 
 (Rice Cereal- Jr.infant)
 Baby Carrots

TH

  Scrambled Egg
 Toasted Bread
 Milk


Brown Rice Cake
 Peach Slices

    Grilled Cheese Sandwich
 Summer Salad
 Milk


   Cheese Sticks
 Cucumber/Ranch
  

F

    Cinnamon Rolls
 Milk

 Greek Yogurt
 Blueberries

  Chili Con Carne (Vegetarian Chili)
  
   Tortillas
 Milk

 Strings Cheese
 (Ricotta Cheese- Jr.infant)
 Brown Rice Cake

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