

**Breakfast**

**AM Snack**

**Lunch**

**PM Snack**

M

Cheerios  
Oranges  
● Milk

● Greek Yogurt  
Mango

● Spaghetti Beef (Buckwheat) Bolognese  
Steamed Corn, Peas, Carrots & Beans  
● Milk

● Strings Cheese  
Brown Rice Cake

T

● ● ● ● Waffles  
Maple Syrup  
Baby Carrots  
● Milk

● Organic Banana Rice Rusks  
Mandarins

● ● Beef Macaroni Goulash  
● ● (Mac & Cheese)  
Banana  
● Milk

● ● Multi Grain Cracker  
Apple Sauce

W

● Turkey Sausage  
● Hashbrowns  
● Milk

● Strings Cheese  
Apple slices

Sweet & Sour Meat (Vegetarian) balls/Rice  
● ● Steamed Butternut Squash  
& Green Beans  
● Milk

Lemon Raspberry Muffin  
● ● ● Oranges

TH

● Wow Butter Banana Energy Shake  
● ● ● Granola Bars

● ● ● ● ● Butterflake Roll  
Strawberry Banana Smoothie

Chicken (Chickpea) Curry with Rice  
Steamed Peas & Carrots  
● Milk

● Greek Yogurt  
Blueberries  
● Crackers

F

● ● ● ● Whole Wheat Bagel  
Cream Cheese  
Oranges  
● Milk

Mum Mum  
Banana

● ● Chicken Nuggets (Cauliflower bites)  
Apples Slices ● ● ●  
● Milk

● ● ● Naan Bites  
Cucumber/  
● ● ● Ranch Dressing

Allergy Alert! Some menu items may contain: ● gluten, ● dairy, ● soy, ● egg, ● sesame. ● Fish. Green highlight is Vegetarian Menu.

Please note that Infants are supplied Whole Milk and Preschool children are supplied 2% Milk. Fueling Brains Academy is a proud partner with local restaurants  
Disclaimer: While we strive to provide accurate information regarding the menu, ingredient, & possible allergens, please be aware we do not guarantee the identification of every ingredient or allergen present in food provided by our vendor.

**Breakfast**

**AM Snack**

**Lunch**

**PM Snack**

M

Herb & Cheddar Biscuits  
●●●  
● Milk

● Gerber Mild Cheddar  
Oranges

●●● Mac n' Cheese with Italian  
Meat(Vegetarian) balls  
Steamed Carrots & Green Beans  
● Milk

Vegetarian Spring Rolls  
●●  
Baby Carrots

T

●● Scrambled Egg  
●● Toasted Bread  
● Milk

●● Goldfish Crackers  
Apple Slices

●●● Chicken Fajita w Mushroom Gravy  
●●● (Parneer Tikka Masala) with Rice  
Oranges  
● Milk

● Greek Yogurt  
Blueberries  
● Crackers

W

●● Wholewheat Bread  
with ● Cheese  
● Milk

●●●● Nestlé Cerelac Biscuits  
Blueberries

●●● Egg Salad Sandwich  
Crispy Dill Pickle Coleslaw  
● Milk

● Berries Energy Bar  
● Milk

TH

Berries Overnight Oats  
Oranges

●●●● Butterflake Roll  
Pears

●● Chicken (● Tofu) Fried Rice  
Green Peas  
● Milk

●● Cheese Bites  
Apple Sauce

F

**CAMPUS CLOSED (PTI)**

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# INFANT MENU

Braeside, New Brighton, West 85th

May 18- May 22

Breakfast

AM Snack

Lunch

PM Snack

M

CAMPUS CLOSED (VICTORIA DAY)

<p><b>T</b></p> <ul style="list-style-type: none"> <li>Kellogg's Vector Cereal</li> <li>Milk</li> </ul>	<ul style="list-style-type: none"> <li>Butterflake Roll</li> <li>Apple Slices</li> </ul>	<ul style="list-style-type: none"> <li>Chicken (Vegetable) Chowmein</li> <li>Banana</li> <li>Milk</li> </ul>	<ul style="list-style-type: none"> <li>Greek Yogurt</li> <li>Blueberries</li> <li>Crackeres</li> </ul>
<p><b>W</b></p> <ul style="list-style-type: none"> <li>Whole Wheat Bagel</li> <li>Cream Cheese</li> <li>Baby Carrots</li> <li>Milk</li> </ul>	<ul style="list-style-type: none"> <li>Strings Cheese</li> <li>Oranges</li> </ul>	<ul style="list-style-type: none"> <li>Sloppy Chicken Joe's (BBQ Crumbled Tofu) With Soft Rolls</li> <li>Steamed Yellow Corn</li> <li>Milk</li> </ul>	<ul style="list-style-type: none"> <li>Naan Bites</li> <li>Cucumber/ Ranch Dressing</li> </ul>
<p><b>TH</b></p> <ul style="list-style-type: none"> <li>Banana Blueberry Muffin</li> <li>Milk</li> </ul>	<ul style="list-style-type: none"> <li>Brown Rice Cake</li> <li>Peach Slices</li> </ul>	<ul style="list-style-type: none"> <li>Butter Panner with Rice</li> <li>Steamed Peas &amp; Carrots</li> <li>Milk</li> </ul>	<ul style="list-style-type: none"> <li>Multi Grain Cracker</li> <li>Apple Sauce</li> </ul>
<p><b>F</b></p> <ul style="list-style-type: none"> <li>Waffles</li> <li>Milk</li> </ul>	<ul style="list-style-type: none"> <li>Organic Animal Cookies</li> <li>Cantaloupe</li> </ul>	<ul style="list-style-type: none"> <li>Beef Mexican Casserole with Tortillas</li> <li>Mexican Bean &amp; Rice Casseroles)</li> <li>Baby Carrots</li> <li>Milk</li> </ul>	<ul style="list-style-type: none"> <li>Graham Crackers</li> <li>Apples</li> </ul>

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Breakfast

AM Snack

Lunch

PM Snack

M

Rice Krispies  
Apples  
● Milk

●● Goldfish Crackers  
Oranges

●● Cheese burger Pasta (Buckwheat)  
Fresh Steamed Broccoli & Califlower  
● Milk

● Greek Yogurt  
Blueberries  
● Crackers

T

●●● Waffles  
Oranges  
● Milk

● Strings Cheese  
Cucumber

●●● Perogies  
Apple Slices  
● Milk

●● Multi Grain Cracker  
Watermelon

W

Herb & Cheddar Biscuits  
●●●  
● Milk

● Greek Yogurt  
Blueberries

●●●● Grilled Cheese Sandwich  
Summer Salad  
● Milk

Vegetarian Spring Rolls  
●●  
Baby Carrots

TH

●● Scrambled Egg  
● Toasted Bread  
● Milk

●●● Organic Berry Pick-Me Sticks  
Oranges

●● Cream Pasta  
Apple Slices  
● Milk

●● Cheese Bites  
Cucumber/Ranch  
●●●

F

●●● Cinnamon Rolls  
● Milk

Brown Rice Cake  
Peach Slices

●●● Chili Con Carne (Vegetarian Chili)  
●●● Tortillas  
● Milk

● Strings Cheese  
Brown Rice Cake

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